

Cohutta Highlanders Pony Club
2004 Unmounted Curriculum

JANUARY: Rally Prep/Games Rally/Conditioning

Date scheduled Jan 10 Time: _____ Location: _____

Before the meeting:

All Levels:

- Read through the Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read and practice the questions in the Horse Management Study Guide
- Read the Games Rulebook, pp. 3-39
- Read and practice the questions in the Games Study Guide
- Download and read the following CHPC documents: *Rally Prep Overview and Checklist.pdf*; *Rally Team Selection Guidelines.pdf*; *Stable Manager Responsibilities.pdf*; *Horse Management Tips and Advice.pdf*; *Rally Team Captain.pdf*
- Be able to discuss the condition of your own pony, according to your rating level

D-1/D-2:

- Read chapter 6, pp. 162-168 and ch. 7 pp. 195-198 USPC D Manual

D-3:

- Review chapters 6 and 7 in USPC D Manual
- Read chapter 7 in USPC C Manual
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C-1/C-2:

- Read chapter 7 in USPC C Manual
- Be prepared to teach rally tack room and stall set-up
- Take your horse's vital signs and determine recovery rate for P&R
- C1: Bring a conditioning plan for your pony as if you were getting him ready for the Games rally
- C2: Bring a written outline of a 6-8 week conditioning program for activity of choice

C-3 and up:

- Read chapter 10 in USPC B/H-A/A Manual

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Games Rulebook and Horse Management Handbook
- Wear barn-safe shoes and warm clothing for stall set-up
- D-3 and up: a conditioning plan for your pony

During the meeting, we will:

- o Discuss the Games Rally; practice games (unmounted)
- o Discuss what happens at a rally, for both Pony Clubbers and parents
- o Discuss preparing for a rally with the CHPC Rally Overview/Checklist
- o Pony Clubbers will do an inventory check on both CHPC rally kits
- o Pony Clubbers will set up a rally tack room and stall
- o D-1/D-2: Discuss cooling out pony after strenuous work
- o D3's will present their conditioning plans; C1's and up will critique
- o C1's and up will present their conditioning plans
- o D3 and up: practice taking vital signs

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FEBRUARY: Dressage Rally/Stable Management/Tack

Date scheduled Jan 31 Time: _____ Location: _____

BEFORE THE MEETING:

All Levels:

- Review *Horse Management Handbook*, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read through the *Dressage Rulebook*, pp. 1-39
- Read and practice the questions in the *Dressage Study Guide*

D-1/D-2:

- Read chapters 5, 6, and 10 in USPC D Manual
- Read chapter 12 in USPC D Manual

D-3:

- Review chapters 5, 6, and 10 in USPC D Manual
- Review chapter 12 in USPC D Manual
- Review saddlery and biting rules in *Horse Management Handbook*

C-1/C-2:

- Read chapter 4 in USPC C Manual
- Review saddlery and biting rules in *Horse Management Rulebook/discipline rulebooks*

C-3 and up:

- Read chapter 13 in USPC B/H-A/A Manual
- Read Harris' *Grooming to Win*
- Read McBane's *The Horse and the Bit*

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Dressage Rulebook* and *Horse Management Handbook*
- Your riding helmet
- D-1/D-2: Your grooming kit
- Tack to clean and cleaning supplies
- Wear barn-safe shoes and warm clothing

During the meeting, we will:

- Watch video *Every Time, Every Ride* (helmet safety)
- Check fit of riding helmets
- Listen to guest presentation on saddle fitting
- D-1/D-2:
 - Practice grooming ponies
 - Identify different items of tack
- D-3:
 - Practice cleaning and bedding out stalls, tying haynets, etc.
 - Discuss tack cleaning and care, esp. as regards Formal Inspections
- C1-C3:
 - Practice blanketing a pony
 - Discuss types of bedding, stable vices, clipping and parasites

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MARCH: Show Jumping Rally/Quiz Competition

Date scheduled Mar 6 Time: _____ Location: _____

Before the meeting:

All Levels:

- Review Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read the Show Jumping Rulebook, pp. 1-9, 20-38
- Read and practice the questions in the Show Jumping Study Guide
- Download the 2004 Quiz Reference List from the USPC site; read all references for your rating level

D1-D3:

- Read and practice the questions in the D Manual Study Guide

C1-C3:

- Read and practice the questions in the C Manual Study Guide

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Wear barn-safe shoes and clothing.
- Show Jumping Rulebook and Horse Management Handbook
- Quiz Rulebook

During the meeting, we will:

- o Discuss Show Jumping rally.
- o Set up a mock Quiz Rally, with all 4 phases. Pony Cubbers will divide into teams according to rating level, and will rotate through stations.

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APRIL: Ratings Prep

Date scheduled Apr 17 Time: _____ Location: _____

Before the meeting:

- Know all of the Standards for your current level and the level for which you are testing.
- Using the Standards Flowchart, have someone quiz you. Read through the Manual of Horsemanship as required for any weak areas of knowledge.
- Read any additional references on the Recommended Reading List for your level

Bring to the meeting:

- Your CHPC binder/pen or pencil
- A blank Standards Flowchart for your testing level
- Your Manual of Horsemanship, and any other references required for your testing level
- Wear barn-safe shoes and warm clothing for hands-on work in barn.

During the meeting, we will:

- Divide into groups by rating level. Each group will have a parent volunteer.
- Pony Clubbers will be quizzed as a group on the Standards for their level/testing level, using the CHPC ratings worksheets.
- Pony Clubbers will check off each standard on their flowcharts as it is accomplished.
- Some standards require hands-on work and will be done in the barn.

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MAY: Nutrition/Eventing Rally

Date scheduled May 1 Time: _____ Location: _____

Before the meeting:

All Levels:

- Review *Horse Management Handbook*, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read the *Eventing Rulebook*, pp. 1-24, 34-48
- Read and practice the questions in the *Eventing Study Guide*
- Collect a sample of your pony's feed, weigh and label it.

D-1/D-2:

- Read chapter 7 in USPC D Manual
- Find out and list in your notebook all the ingredients in your pony's sweet feed
- Help feed your pony occasionally, giving grain, hay, water and salt appropriately
- Write down your pony's feed schedule, including measurements

D-3:

- Review chapter 7 in USPC D Manual
- Read chapter 5 in USPC C Manual
- Locate different kinds of hay and compare; be able to tell the difference between alfalfa and grass hay. Bag and label samples.
- Locate moldy hay, moldy feed and see what it looks and smells like. Bag and label samples.

C-1/C-2:

- Read chapter 5 in USPC C Manual
- Read Burger's *Horse Owner's Field Guide to Toxic Plants*
- Prepare a short lesson on toxic plants in the area; bring plants or a picture and describe toxic parts and symptoms of poisoning

C-3 and up:

- Read chapter 11 in USPC B/H-A/A Manual
- Read Piliner's *Horse Nutrition and Feeding*
- Read BHS Management Series: *The Horse at Grass*

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Eventing Rulebook* and *Horse Management Handbook*
- D-1/D-2: Feed chart for your pony and sample of your pony's feed
- D-3: Samples of different types of hay.
- C-1 and up: lesson plan for unmounted meeting on toxic plants, with samples/pictures

During the meeting, we will:

- o Discuss the Eventing rally.
- o Identify different types of cross-country jumps
- o D-1/D-2: make feed charts for ponies (as if for a rally); weigh different feed types
- o D-3: Identify and compare different types of hay
- o C-1/C-2's will present lesson on toxic plants

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JUNE: Leading and Longeing/Foot and Shoeing

Date scheduled Jun 19 Time: _____ Location: _____

Before the meeting:

D-1/D-2:

- Read USPC D manual chapters 2,3, and 4
- Read chapter 8 in the USPC D Manual

D-3:

- Review USPC D manual, chapter 4
- Read USPC C manual chapter 1
- Read USPC *Guide to Longeing and Ground Training*, chapters 1 and 2
- Review chapter 8 in the USPC D Manual
- Read chapter 8 in USPC C Manual

C-1/C-2:

- Read USPC C manual chapters 1,2,3,10, and 11
- Review USPC *Guide to Longeing and Ground Training*
- Review Chapter 8 in USPC C Manual

C-3 and up:

- Read Part 1 (chapters 1-6) in USPC B/H-A/A Manual
- Review USPC *Guide to Longeing and Ground Training*
- Read Hill's *Maximum Hoof Power*

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Riding helmet
- C-1 and above: longe line, bridle, gloves, cavesson or surcingle and side reins

During the meeting, we will:

- Watch a farrier demonstrate shoeing and foot care
- D-1/D-2: demonstrate leading, practice techniques for ground training on a leadline
- D-3 and up:
 - perform and discuss a safety check
 - practice longeing
 - Watch the *USPC Guide to Successful Longeing Video*

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JULY: Health Care/Veterinary/Bandaging

Date scheduled Jul 3 Time: _____ Location: _____

Before the meeting:

D-1/D-2:

- Read chapter 9 USPC D Manual
- Read Usborne *Complete Book of Riding and Pony Care*

D-3:

- Review chapter 9 in USPC D Manual
- Read chapters 6 and 9 in USPC C Manual
- Read *USPC Bandaging* (by Susan Harris)
- Practice applying protective boots and stable wraps at least once a week this month
- Make sure your Health & Maintenance Record book is updated

C-1/C-2:

- Read chapters 6 and 9 in USPC C Manual
- Read Hill's *Horse Health Care*
- Read Threshold Guide: *Functional Anatomy*
- Review *USPC Bandaging* (by Susan Harris)
- Practice taking your horse's vital signs until you are proficient
- Practice applying a shipping bandage and a stable bandage at least once a week this month, with supervision
- Make sure your Health & Maintenance Record book is updated

C-3 and up:

- Read chapters 12 and 14 in USPC B/H-A/A Manual
- Read Morgan's *Natural Healing for Horses*
- Read Ramey's *Horsefeathers*
- Read Hayes' *Hands-On Horse Care*
- Accompany your local veterinarian on a day or more of farm calls; observe surgery if possible
- Make sure your Health & Maintenance Record book is updated

Bring to the meeting:

- Your CHPC binder/pen or pencil
- D-3 and up: up-to-date Health Maintenance Record for your pony
- D-3 and up: bandages to practice with appropriate to your next testing level

During the meeting, we will:

- Hear a veterinarian speak about general health care, equine first aid, and parasites
- Inventory our equine and human first aid kits
- Discuss recordkeeping with the Health & Maintenance Record
- D-1/D-2: practice stable wrap
- D-3 and up: practice bandaging

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AUGUST: Pony Parts/Conformation/Lameness

Date scheduled Aug 28 Time: _____ Location: _____

Before the meeting:

D-1/D-2:

- Read chapter 11 in USPC D Manual
- Read Threshold Guide: *Colours and Markings*

D-3:

- Review chapter 11 in USPC D Manual
- Read chapter 12 in USPC C manual
- Read *USPC Conformation, Movement and Soundness*

C-1/C-2:

- Read chapter 12 in USPC C Manual
- Review *USPC Conformation, Movement and Soundness*
- Read Harris' *Horse Gaits, Balance and Movement*
-

C-3 and up:

- Read Kainer's *Coloring Atlas of Horse Anatomy*
- Read AAEP's *Determining the Age of the Horse*
- Read Rooney's *The Lamé Horse*
- Read Gower's *Horse Color Explained*

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Wear barn-safe shoes and old clothing
- D-1/D-2: a color photo of three different ponies (snapshots or magazine pictures) or three different model horses

During the meeting, we will:

- o D-1/D-2/D-3: Go over parts of the horse, breeds, and coloring, using posters and games.
- o D-3 and above:
 - discuss pony parts, conformation and unsoundnesses, using conformation cards
 - identify conformation of various live ponies, appropriate to testing level

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SEPTEMBER: Rating Prep

Date scheduled Sep 25 Time: _____ Location: _____

Before the meeting:

All Levels:

- Know all of the Standards for your current level and the level for which you are testing.
- Using the Standards Flowchart, have someone quiz you. Read through the Manual of Horsemanship as required for any weak areas of knowledge.
- Read any additional references on the Recommended Reading List for your level

D-3 and up:

- Make sure your Health Maintenance Record Book is up-to-date and complete

Bring to the meeting:

- Your CHPC binder/pen or pencil
- A blank Standards Flowchart for your testing level
- Your Manual of Horsemanship, and any other references required for your testing level
- Any equipment required for your testing (stable wraps, bell boots, longe line, etc.)
- Wear barn-safe shoes and appropriate clothing for hands-on work in barn.

During the meeting, we will:

- Divide into groups by rating level. Each group will have a parent volunteer.
- Pony Clubbers will be quizzed as a group on the Standards for their level/testing level, using the CHPC ratings worksheets.
- Pony Clubbers will check off each standard on their flowcharts as it is accomplished.
- Some standards require hands-on work and will be done in the barn.

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OCTOBER: Annual Meeting/End-of-Year Party

Date scheduled ___**Oct 16**___ Time: _____ Location: _____

Before the meeting:

- Fill out Membership paperwork for next year and bring it, along with fees, to turn in

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Food or supplies for party

During the meeting, we will:

- Conduct Annual Meeting according to Bylaws (election of officers, approval of budget, etc.)
- Give out CHPC annual awards
- Have potluck party

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NOVEMBER: Fox Hunting/Trailer Safety

Date scheduled Nov 13 Time: _____ Location: _____

Before the meeting:

All Levels:

- Read *Riding to Hounds in America*

D-1/D-2:

- Read chapter 10 in USPC D Manual

D-3:

- Review chapter 10 in USPC D Manual
- Read chapter 9 in USPC C Manual
- Read Trailer Safety Checklist in USPC B/H-A/A Manual pp 415-416 (required to be familiar with for C-1 rating)

C-1/C-2:

- Read chapter 9 in USPC C Manual
- Read Chapter 15 in USPC B/H-A/A Manual, especially review pp 415-516

C-3 and up:

- Read chapter 15 in USPC B/H-A/A manual
- Read Cherry Hill's *Trailer Your Horse – A Visual Guide to Safe Training and Traveling*

Bring to the meeting:

- Your CHPC binder/pen or pencil
- Wear barn-safe shoes and old clothing

During the meeting, we will:

- o Play games using fox hunting terms
- o Discuss trailering, using the CHPC Trailer Safety Checklist