

2004 Unmounted Curriculum

JANUARY

Rally Prep/Games Rally/Conditioning

Before the meeting:

All Levels:

- **Read through the Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102**
- **Read and practice the questions in the Horse Management Study Guide**
- **Read the Games Rulebook, pp. 3-39**
- **Read and practice the questions in the Games Study Guide**
- **Download and read the following EHPC documents: *Rally Prep Overview and Checklist.pdf*; *Stable Manager Responsibilities.pdf*; *Horse Management Tips and Advice.pdf*; *Rally Team Captain.pdf***
- **Be able to discuss the condition of your own pony, according to your rating level**

D-1/D-2:

- Read chapter 6, pp. 162-168 and ch. 7 pp. 195-198
USPC D Manual

D-3:

- Review chapters 6 and 7 in USPC D Manual
- Read chapter 7 in USPC C Manual

C-1/C-2:

- Read chapter 7 in USPC C Manual
- Be prepared to teach rally tack room and stall set-up
- Take your horse's vital signs and determine recovery rate for P&R
- C1: Bring a conditioning plan for your pony as if you were getting him ready for the Games rally
- C2: Bring a written outline of a 6-8 week conditioning program for activity of choice

C-3 and up:

- Read chapter 10 in USPC B/H-A/A Manual

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Games Rulebook and Horse Management Handbook
- Wear barn-safe shoes and warm clothing for stall set-up
- D-3 and up: a conditioning plan for your pony

During the meeting, we will:

- Discuss the Games Rally; practice games (unmounted)
- Discuss what happens at a rally, for both Pony Clubbers and parents
- Discuss preparing for a rally with the EHPC Rally

Overview/Checklist

- Pony Clubbers will do an inventory check on both EHPC rally kits
- Pony Clubbers will set up a rally tack room and stall
- D-1/D-2: Discuss cooling out pony after strenuous work
- D3's will present their conditioning plans; C1's and up will critique
- C1's and up will present their conditioning plans
- D3 and up: practice taking vital signs

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February

Rally Prep/Dressage Rally/Conditioning

Before the meeting:

All Levels:

- Review the Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read the Dressage Rulebook, pp. 1 - 39
- Read and practice the questions in the Dressage Study Guide

D-1/D-2:

- Read chapter 5, 6, and 10 in USPC D Manual
- Read chapter 12 in USPC D Manual

D-3:

- Review chapters 5, 6 and 10 in USPC D Manual
- Read chapter 12 in USPC D Manual
- Review saddlery and biting rules in Horse Management Handbook

C-1/C-2:

- Read chapter 4 in USPC C Manual
- Review saddlery and biting rules in Horse Management Handbook/discipline rulebooks

C-3 and up:

- Read chapter 13 in USPC B/H-A/A Manual
- Read Harris' Grooming to Win
- Read McBane's The Horse and the Bit

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Dressage Rulebook and Horse Management Handbook
- Your riding helmet
- D - D1: Your grooming kit

- Wear barn-safe shoes and warm clothing
- Tack to clean and cleaning supplies

During the meeting, we will:

- Watch video Every Time, Every Ride (helmet safety)
- Check fit of riding helmets
- Listen to guest presentation on saddle fitting

D1 – D2:

- Discuss grooming techniques
- Identify different items of tack

D3:

- Practice or discuss cleaning and bedding out stalls, tying haynets, etc
- Discuss tack cleaning and care, esp. as regards to Formal Inspections

C1 – C3:

- Practice blanketing pony or simulation
- Discuss types of bedding, stable vices, clipping and parasites

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MARCH

Show Jumping Rally/Quiz Competition

Before the meeting:

All Levels:

- Review Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read the Show Jumping Rulebook, pp. 1-9, 20-38
- Read and practice the questions in the Show Jumping Study Guide
- Download the 2004 Quiz Reference List from the USPC site; read all references for your rating level

D1-D3:

- Read and practice the questions in the D Manual Study Guide

C1-C3:

- Read and practice the questions in the C Manual Study Guide

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Wear barn-safe shoes and clothing.
- Show Jumping Rulebook and Horse Management Handbook
- Quiz Rulebook

During the meeting, we will:

- Discuss Show Jumping rally.
- Watch video Bits and Bitting, by Stormy May
- D's: ID bits
- C's: ID bits and rate in order of severity
- Practice Quiz questions and etiquette
- Discuss proper attire for rallies and view models
- D1- D2: using tack catalogs, create a collage of

proper attire to be critiqued by C's

- Learn to tie "quick release" knots

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APRIL

Ratings Prep/ Tetrathlon Rally

Before the meeting:

- Know all of the Standards for your current level and the level for which you are testing.
- Using the Standards Flowchart, have someone quiz you. Read through the Manual of Horsemanship as required for any weak areas of knowledge.
- Read any additional references on the Recommended Reading List for your level
- Read the Tetrathlon Rally rulebook
- Read and practice the questions in the Tetrathlon Rally Study Guide

Bring to the meeting:

- Your EHPC binder/pen or pencil
- A blank Standards Flowchart for your testing level
- Your Manual of Horsemanship, and any other references required for your testing level
- Wear barn-safe shoes and warm clothing for hands-on work in barn
- Tetrathlon rulebook and Study Guide

During the meeting, we will:

- Divide into groups by rating level. Each group will have a parent volunteer.
- Pony Clubbers will be quizzed as a group on the Standards for their level/testing level, using the EHPC

ratings worksheets.

- An authorized parent will check off each standard on the flowcharts as it is accomplished.
- Some standards require hands-on work and will be done in the barn
- Discuss Tetrathlon Rally
- D3's and up: learn to create a 10 minute unmounted lesson plan

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MAY

Nutrition/Eventing Rally

Before the meeting:

- All Levels:
- Review Horse Management Handbook, pp. 3-4, 26-48, 57-58, 61-79, 100-102
- Read the Eventing Rulebook, pp. 1-24, 34-48
- Read and practice the questions in the Eventing Study Guide
- Collect a sample of your pony's feed, weigh and label it.

D-1/D-2:

- Read chapter 7 in USPC D Manual
- Find out and list in your notebook all the ingredients in your pony's sweet feed
- Help feed your pony occasionally, giving grain, hay, water and salt appropriately
- Write down your pony's feed schedule, including measurements

D-3:

- Review chapter 7 in USPC D Manual
- Read chapter 5 in USPC C Manual
- Locate different kinds of hay and compare; be able to tell the difference between alfalfa and grass hay. Bag and label samples.
- Locate moldy hay, moldy feed and see what it looks and

smells like. Bag and label samples.

C-1/C-2:

- Read chapter 5 in USPC C Manual
- Read Burger's Horse Owner's Field Guide to Toxic Plants
- Prepare a short lesson on toxic plants in the area; bring plants or a picture and describe toxic parts and symptoms of poisoning

C-3 and up:

- Read chapter 11 in USPC B/H-A/A Manual
- Read Piliner's Horse Nutrition and Feeding
- Read BHS Management Series: The Horse at Grass

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Eventing Rulebook and Horse Management Handbook
- D-1/D-2: Feed chart for your pony and sample of your pony's feed
- D-3: Samples of different types of hay.
- C-1 and up: lesson plan for unmounted meeting on toxic plants, with samples/pictures

During the meeting, we will:

- Discuss the Eventing rally.
- Identify different types of cross-country jumps
- D-1/D-2: make feed charts for ponies (as if for a rally); weigh different feed types
- D-3: Identify and compare different types of hay
- C-1/C-2's will present lesson on toxic plants

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JUNE

Leading and Longeing/Foot and Shoeing

Before the meeting:

D-1/D-2:

- Read USPC D manual chapters 2, 3, and 4
- Read chapter 8 in the USPC D Manual

D-3:

- Review USPC D manual, chapter 4
- Read USPC C manual chapter 1
- Read USPC Guide to Longeing and Ground Training, chapters 1 and 2
- Review chapter 8 in the USPC D Manual
- Read chapter 8 in USPC C Manual
- C-1/C-2:
- Read USPC C manual chapters 1,2,3,10, and 11
- Review USPC Guide to Longeing and Ground Training
- Review Chapter 8 in USPC C Manual

C-3 and up:

- Read Part 1 (chapters 1-6) in USPC B/H-A/A Manual
- Review USPC Guide to Longeing and Ground Training
- Read Hill's Maximum Hoof Power

Bring to the meeting:

- Your EHPC binder/pen or pencil

- Riding helmet
- C-1 and above: longe line, bridle, gloves, cavesson or surcingle and side reins

During the meeting, we will:

- Watch a farrier demonstrate shoeing and foot care

D-1/D-2:

- Demonstrate leading, practice techniques for ground training on a leadline

D-3 and up:

- Perform and discuss a safety check
- Practice longeing
- Watch the USPC Guide to Successful Longeing Video

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JULY

Health Care/Veterinary/Bandaging

Before the meeting:

D-1/D-2:

- Read chapter 9 USPC D Manual
- Read Usborne Complete Book of Riding and Pony Care

D-3:

- Review chapter 9 in USPC D Manual
- Read chapters 6 and 9 in USPC C Manual
- Read USPC Bandaging (by Susan Harris)
- Practice applying protective boots and stable wraps at least once a week this month
- Make sure your Health & Maintenance Record book is updated

C-1/C-2:

- Read chapters 6 and 9 in USPC C Manual
- Read Hill's Horse Health Care
- Read Threshold Guide: Functional Anatomy
- Review USPC Bandaging (by Susan Harris)
- Practice taking your horse's vital signs until you are proficient
- Practice applying a shipping bandage and a stable bandage at least once a week this month, with supervision

- Make sure your Health & Maintenance Record book is updated

C-3 and up:

- Read chapters 12 and 14 in USPC B/H-A/A Manual
- Read Morgan's Natural Healing for Horses
- Read Ramey's Horsefeathers
- Read Hayes' Hands-On Horse Care
- Accompany your local veterinarian on a day or more of farm calls; observe surgery if possible
- Make sure your Health & Maintenance Record book is updated

Bring to the meeting:

- Your EHPC binder/pen or pencil
- D-3 and up: up-to-date Health Maintenance Record for your pony
- D-3 and up: bandages to practice with appropriate to your next testing level

During the meeting, we will:

- Hear a veterinarian speak about general health care, equine first aid, and parasites
- Inventory our equine and human first aid kits
- Discuss recordkeeping with the Health & Maintenance Record
- D-1/D-2: practice stable wrap
- D-3 and up: practice bandaging

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AUGUST

Pony Parts/Conformation/Lameness

Before the meeting:

D-1/D-2:

- Read chapter 11 in USPC D Manual
- Read Threshold Guide: Colours and Markings

D-3:

- Review chapter 11 in USPC D Manual
- Read chapter 12 in USPC C manual
- Read USPC Conformation, Movement and Soundness

C-1/C-2:

- Read chapter 12 in USPC C Manual
- Review USPC Conformation, Movement and Soundness
- Read Harris' Horse Gaits, Balance and Movement

C-3 and up:

- Read Kainer's Coloring Atlas of Horse Anatomy
- Read AAEP's Determining the Age of the Horse
- Read Rooney's The Lamé Horse
- Read Gower's Horse Color Explained

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Wear barn-safe shoes and old clothing

- D-1/D-2: a color photo of three different ponies (snapshots or magazine pictures) or three different model horses

During the meeting, we will:

- D-1/D-2/D-3: Go over parts of the horse, breeds, and coloring, using posters and games.
- D-3 and above:
- Discuss pony parts, conformation and unsoundnesses, using conformation cards
- Identify conformation of various live ponies, appropriate to testing level

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SEPTEMBER

Rating Prep/Polocrosse

Before the meeting:

All Levels:

- Know all of the Standards for your current level and the level for which you are testing.
- Using the Standards Flowchart, have someone quiz you. Read through the Manual of Horsemanship as required for any weak areas of knowledge.
- Read any additional references on the Recommended Reading List for your level
- Read Polocrosse Rulebook and Study Guide

D-3 and up:

- Make sure your Health Maintenance Record Book is up-to-date and complete

Bring to the meeting:

- Your EHPC binder/pen or pencil
- A blank Standards Flowchart for your testing level
- Your Manual of Horsemanship, and any other references required for your testing level
- Any equipment required for your testing (stable wraps, bell boots, longe line, etc.)
- Wear barn-safe shoes and appropriate clothing for hands-on work in barn
- Polocrosse Rulebook and Study Guide

During the meeting, we will:

- Divide into groups by rating level. Each group will have a parent volunteer.
- Pony Clubbers will be quizzed as a group on the Standards for their level/testing level, using the EHPC ratings worksheets.
- An authorized parent will check off each standard on the flowcharts as it is accomplished.
- Some standards require hands-on work and will be done in the barn
- Discuss the game of Polocrosse and practice the game (unmounted)

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OCTOBER

Annual Meeting

Before the meeting:

All Levels:

- Fill out the Membership paperwork for next year and bring it, along with fees, to turn in

Bring to the meeting:

- Your EHPC binder/pen or pencil

During the meeting, we will:

- Conduct Annual Meeting according to Bylaws (election of officers, approval of budget)
- Discuss goals for 2005

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NOVEMBER

Fox Hunting/Trailer Safety

Before the meeting:

All Levels:

- Read Riding to Hounds in America

D-1/D-2:

- Read chapter 10 in USPC D Manual

D-3:

- Review chapter 10 in USPC D Manual
- Read chapter 9 in USPC C Manual
- Read Trailer Safety Checklist in USPC B/H-A/A Manual pp 415-416 (required to be familiar with for C-1 rating)

C-1/C-2:

- Read chapter 9 in USPC C Manual
- Read Chapter 15 in USPC B/H-A/A Manual, especially review pp 415-516

C-3 and up:

- Read chapter 15 in USPC B/H-A/A manual
- Read Cherry Hill's Trailering Your Horse – A Visual Guide to Safe Training and Traveling

Bring to the meeting:

- Your EHPC binder/pen or pencil
- Wear barn-safe shoes and old clothing

During the meeting, we will:

- Play games using fox hunting terms
- Discuss trailering, using the EHPC Trailer Safety Checklist